

NARTC

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Family & Community Medicine

Native American Research & Training
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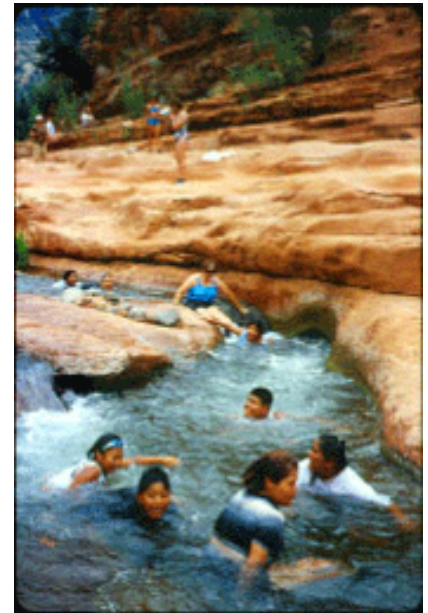


Culture exchange during the evening sessions by participating tribes.

Family & Community Medicine

Youth diabetes Camp

N a t i v e A m e r i c a n R e s e a r c h & T r a i n i n g C e n t e r



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Wellness Camp

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Treatment for Type 1 diabetes is entirely different from the treatment for Type 2 diabetes. Six southern Arizona tribal communities participated in this last year's camp: Salt River, Gila River, Whiteriver, Colorado River, Pasqua Yaqui, and Fort McDowell. These communities provide volunteers and transportation for the youth. The University coordinates the camp and helps organize volunteers who provide medical coverage, teach classes, and assist with fund raising.



Day trip to the lake for boating, hiking & fishing.

The week long camp emphasizes diabetes education, physical activity, and nutrition within a context that is sensitive to contemporary Indian culture and customs.

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What tribes qualify?

All tribal communities are welcomed to partner with NARTC and become involved in the summer Wellness Camp. Interested tribes must be willing to coordinate the recruitment of the youth for camp, to assist the youth and families with registration for the, provide volunteers such as counselors, and arrange for transportation of the children and identify a modest camp fee [at the present this approximately \$160 per child which goes to pay for room and board during camp].

Age of youth: a child must be between 10 and 15 years of age and either is diagnosed with diabetes and/or is at high risk of developing diabetes

Space: the camp accommodates approximately 30 children plus volunteers

Sponsors: funds for the campers come from private donation, tribal contributions, and from tribal diabetes prevention programs. Funds for volunteers are strictly from private donations.



Racing towards the morning sun for good health.

Donations: U of Arizona is a non-profit University and all donations to the camp are deposited in an account at the University's Foundation that has been set up the Wellness Camp.

WISH LIST:

The camp welcomes many types of donations: balls or sports equipment for use during the camp, items for prizes, bottled water, art supplies, sponsor a camper's stay, etc

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